

BUMPER/HEADLINE TZ/OPEN  
SNODGRASS  
04/20/2022

EFFECTS: FADE IN BUMPER AND  
BUMPER MUSIC

EFFECTS TAKE SOT TZ  
LENGTH: 0:15  
EFFECTS: TAKE LOWER THIRD:  
COMING UP: HOW ART CAN  
HELP HEAL

EFFECTS TAKE SOT TZ  
LENGTH: 0:15  
EFFECTS: TAKE LOWER THIRD:  
COMING UP: ART EXHIBIT FOR  
HOUSELESS INDIVIDUALS

EFFECTS TAKE SOT TZ  
LENGTH: 0:10  
EFFECTS: TAKE LOWER THIRD:  
COMING UP: WVU IS HELPING  
VETERANS

EFFECTS: TAKE OPEN

BUMPER/HEADLINE TZ/OPEN  
TRT: 0:40

(-----TAKE TZ-----)  
“I’m Jessica Riley and did you know something as simple as drawing can help your mental health? Coming up next on WVU News, I’ll tell you how art can create a positive outlook for your mental health.”

(-----TAKE TZ-----)  
“This extraordinary piece of art was created by someone who says they themselves are houseless. I’m Alexandra Bunn and coming up on WVU News, I’ll tell you more about the works of art created by the unsheltered neighbors of Morgantown.”

(-----TAKE TZ-----)  
“I am Carli Berkhouse and straight ahead I will be telling you how WVU has been helping Veterans with stress relief and finding community. Our Emmy award-winning WVU News starts now.”

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(-----TAKE OPEN-----)

A-TEASE  
SNODGRASS  
04/20/2022

CAMERA 2/TWO-SHOT

EFFECTS: FADE OUT BUMPER  
MUSIC

CG: S: DANIEL WOODS/  
ALI MCDANIEL  
@DWoodsWVUNews/  
@AliWVUNews

EFFECTS: TAKE SPECIAL  
EDITION BUMPER  
(TRT: 10 SECONDS)

READER  
TRT: 0:25

(-----ALI-----)  
STUDENT VETERANS ARE MORE  
LIKELY TO BE DEALING WITH  
MENTAL DISABILITIES. BUT  
THERE ARE RESOURCES AT  
W-V-U TO HELP WITH THE  
TRANSITION TO COLLEGE. WE  
WILL BRING YOU THAT STORY.  
I'M ALI MCDANIEL.

(-----DANIEL-----)  
AND I'M DANIEL WOODS...  
DURING THE PANDEMIC THERE  
WAS A TWENTY-FIVE PERCENT  
INCREASE GLOBALLY IN  
ANXIETY AND DEPRESSION. A  
CLUB AT W-V-U HOSTED AN  
OUT OF DARKNESS WALK TO  
SUPPORT THOSE STRUGGLING.

(-----ALI-----)  
AND HOW CAN A PET  
ALLEVIATE YOUR STRESS AND  
ANXIETY? W-V-U NEWS WILL  
HAVE THOSE STORIES AND  
MORE...ON OUR SPECIAL  
EDITION SHOW... "MENTAL  
HEALTH IN AMERICA....A  
GROWING CRISIS."

(EFFECTS: TAKE SPECIAL  
EDITION BUMPER)

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VETERANS  
BERKHOUSE/SNODGRASS  
04/20/2022

CAMERA 2/TWO-SHOT  
RETURN ON CAMERA 3  
THREE-SHOT

PIC 1

EFFECTS: TAKE PKG  
LENGTH: 2:16

CG: U: MORGANTOWN

S: ADAM COOLEY/  
VETERAN AND WVU STUDENT

(-----DANIEL-----)  
22 A DAY. THAT IS THE NUMBER  
OF VETERANS WHO ATTEMPT  
SUICIDE EVERY SINGLE DAY.

AND ACROSS AMERICA...  
41-PERCENT OR 1-POINT-7-  
MILLION VETERANS REPORT A  
MENTAL HEALTH ISSUE.

(-----ALI-----)  
BUT HERE ON CAMPUS THERE  
IS A PLACE THAT GIVES W-V-U  
STUDENT VETERANS A SAFE  
SPACE TO MEET...SHARE...AND  
COPE WITH ANY STRUGGLES.  
REPORTER CARLI BURKHOUSE  
GIVES US AN INSIDE LOOK INTO  
W-V-U'S VERY OWN BUNKER.

(-----TAKE PKG-----)  
VETERAN, ADAM COOLEY,  
SAYS THAT TRANSITIONING  
FROM MILITARY LIFE INTO  
CIVILIAN LIFE HAS BEEN A  
STRESSFUL CHANGE, BUT THE  
PROGRAMS AND SUPPORT AT  
WVU HAVE BEEN HELPING  
EASE THE STRESS OF THE  
TRANSITION AND HAVE  
HELPED HIM SUCCEED IN HIS  
ACADEMIC CAREER.

"I found the school I wanted to go to  
and they were like just take this and  
you're good to go. It was stressful  
because I didn't really know what I  
was doing. And I'm really old for  
being like... when I was a freshman, I

VETERANS-2  
BERKHOUSE/SNODGRASS  
04/20/2022

S: CARLI BERKHOUSE/  
@CarliWVUNews

S: PENNY LIPSCOMB/WVU  
ASSOCIATE DIRECTOR AND  
PROGRAM COORDINATOR

was 25 and now I am 27 and I'm like junior/senior in between. And it's just really hard to like talk to other people which I think it like a benefit this place gives me."

"WVU is currently home to nearly 1,000 veterans pursuing various college degrees."

EXPERTS SAY THAT VETERANS WHO ARE ATTENDING HIGHER EDUCATION TEND TO HAVE A HIGH LEVEL OF STRESS AND ANXIETY AND TEND TO STRUGGLE WITH THE FEELING OF ISOLATION.

HOWEVER, SOME COLLEGES SUCH AS WVU ARE CREATING PROGRAMS TO HELP VETERANS REDUCE THIS STRESS AND MAKE THE TRANSITION SMOOTHER.

PENNY LIPSCOMB, ASSOCIATE DIRECTOR, AND PROGRAM COORDINATOR, SAYS THAT ONE OF THE PROGRAMS THAT WVU HAS CREATED IS CALLED THE MILITARY SCIENCE 191 COURSE.

"Ultimately it will help them transition from military to college life or civilian life. It is our goal to help them transition academically, personally, and professionally to reach their goals at WVU."

VETERANS-3  
BERKHOUSE/SNODGRASS  
04/20/2022

S: NICOLE GERARD/  
VETERAN AND WVU STUDENT

A DEPARTMENT AT WVU  
CREATED FOR VETERANS IS  
NAMED THE MOUNTAINEER  
BUNKER.

IT WAS DEVELOPED SO THAT  
VETERANS HAVE A SPACE ON  
CAMPUS TO MEET OTHER  
VETERANS.

CURRENT STUDENT AND  
VETERAN, NICOLE GERARD,  
SAYS THAT THE MOUNTAINEER  
BUNKER HAS MADE HER  
COLLEGE EXPERIENCE BETTER.

“The relationships with veterans to  
other veterans is completely different  
then you get anywhere else. So for us  
to have a safe space where it is all of  
us veterans where we can talk to each  
other, have our sense of humor, and  
talk about things that no one else  
understands. This is incredible to have  
this.

WVU HAVING THESE  
PROGRAMS HAS GIVEN  
VETERANS THE SUPPORT AND  
CARE THAT THEY NEED SO  
THAT THE STRESS THAT COMES  
ALONG WITH TRANSITIONING  
INTO CIVILIAN LIFE CAN BE  
DECREASED.

CARLI BERKHOUSE, WVU  
NEWS, MORGANTOWN.//////////

PKG  
TRT: 2:45

WALK TOSS  
SNODGRASS  
04/20/2022

CAMERA 3  
THREE-SHOT

PIC 2

(-----ALI-----)  
VETERANS AREN'T THE ONLY  
ONES FEELING THE STRESS  
THAT BEING IN COLLEGE  
BRINGS.

(-----DANIEL-----)  
OVER EIGHTY PERCENT OF  
COLLEGE STUDENTS REPORT  
BEING STRESSED OUT BY  
SCHOOL. LAUREN  
FARNSWORTH IS HERE TO TELL  
US MORE... LAUREN?

(-----LAUREN-----)  
THANKS, DANIEL...ALI. THERE  
HAS BEEN AN INCREASE IN  
STRESS, ANXIETY, AND  
DEPRESSION SINCE THE START  
OF COVID-19... WITH OVER  
FORTY-PERCENT OF COLLEGE  
STUDENTS REPORTING  
SYMPTOMS OF DEPRESSION  
SINCE THE START OF THE  
PANDEMIC.

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READER  
TRT: 0:25

WALK  
FARNSWORTH/SNODGRASS  
04/20/2022

EFFECTS: TAKE CAMERA 1 ON  
LAUREN

CG: U: LAUREN FARNSWORTH/  
@LaurenWVUNews

EFFECTS: TAKE PKG  
LENGTH: 1:28

CG: U: MORGANTOWN

S: LAUREN SWARR/WVU  
PRESIDENT OF THE  
PSYCHOLOGY CLUB

(-----LAUREN-----)  
A GROUP HERE IN  
MORGANTOWN BANNED  
TOGETHER THROUGH THE “OUT  
OF THE DARKNESS WALK”... TO  
BRING AWARENESS TO THOSE  
STRUGGLING WITH THEIR  
MENTAL HEALTH. THE WALK IS  
A NATIONAL EVENT THAT  
SHINES A LIGHT ON SUICIDE  
PREVENTION. I GOT AN INSIDE  
LOOK AT HOW THE WALK IS  
HELPING SOME HEAL.

(-----TAKE PKG-----)  
THE WVU PSYCHOLOGY CLUB  
HOSTED THE OUT OF THE  
DARKNESS CAMPUS WALK...  
I SPOKE WITH LAUREN SWARR  
PRESIDENT OF THE  
PSYCHOLOGY CLUB SHE  
EXPLAINED WHAT HER  
NUMBER ONE PIECE OF ADVICE  
FOR PEOPLE STRUGGLING  
RIGHT NOW.

“Try to remember that you are not  
truly alone in this. Though you may  
really feel so, and that it may feel so,  
especially with COVID, and stuff  
being stuck inside the house and  
everything. There are so many people  
who love and care about you and  
reach out to them. There are so many  
resources and I promise it is worth it.”

WALK-2  
FARNSWORTH/SNODGRASS  
04/20/2022

S: LAUREN FARNSWORTH/  
@LaurenWVUNews

S: GRACE SULLIVAN/  
OUT OF THE DARKNESS WALK  
PARTICIPANT

“According to studies, suicide is the 11<sup>th</sup> leading cause of death in West Virginia, and nearly 1 in 5 adults will experience a mental illness in their lifetime.”

SOME WEST VIRGINIA STUDENTS ATTENDING THE EVENT WANT TO BRING AWARENESS TO THE RESOURCES WVU HAS AND MAKE LESS PEOPLE FEEL LIKE AN OUTCAST.

“Knowing that you know someone that went through this makes it so much easier to open up and be like I need help. How did you do this? It’s not going well right now.”

PEOPLE ATTENDING THE EVENT WORE DIFFERENT COLORED BEADS THAT HAD DIFFERENT MEANINGS. WEARING THE HONOR BEADS HELPED PEOPLE IDENTIFY OTHERS WHO UNDERSTAND THEIR EXPERIENCE, AND TO SHOW THEY ARE NOT ALONE...



WALK-3  
FARNSWORTH/SNODGRASS  
04/20/2022

EFFECTS: ANCHOR RETURN ON  
CAM 1 WITH LAUREN

(-----LAUREN-----)  
THESE WALKS ARE HELD IN  
HUNDREDS OF CITIES ACROSS  
THE COUNTRY. THIS YEAR  
ALONE...THERE WERE 400  
EVENTS IN ALL 50 STATES.  
OFFICIALS SAY THESE EVENTS  
GIVE PEOPLE THE COURAGE TO  
OPEN UP ABOUT MENTAL  
HEALTH AND SUICIDE  
PREVENTION.

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PKG  
TRT: 2:00

MUSIC  
COTHERN/SNODGRASS  
04/20/2022

CAMERA 2  
(BACK-MONITOR-BOTH)

**PIC 3**

EFFECTS: TAKE PKG  
LENGTH: 1:50

CG: U: MORGANTOWN

S: ATLEE HOUSER/  
MORGANTOWN RESIDENT

CG: COURTESY YOUTUBE

(-----DANIEL-----)  
THANKS LAUREN. ODDS ARE  
YOU HAVE FELT STRESSED OUT  
AT SOME POINT DURING THE  
PANDEMIC. IN FACT...A FIFTH  
OF AMERICAN ADULTS REPORT  
HIGH LEVELS OF STRESS,  
ANXIETY AND DEPRESSION  
OVER THE PAST TWO YEARS  
ALL.

(-----ALI-----)  
BUT STUDIES SHOW, DANIEL,  
THAT LISTENING TO MUSIC  
CAN HELP REDUCE  
STRESS...DECREASE ANXIETY  
AND IMPROVE YOUR OVERALL  
MENTAL HEALTH. REPORTER  
DUSTIN COTHERN GIVES US AN  
INSIDE LOOK AT HOW W-V-U IS  
PREPARING THE NEXT  
GENERATION OF MUSIC  
THERAPISTS.

(-----TAKE PKG-----)  
MUSIC HOLDS GREAT POWER  
TO CHANGE HOW WE THINK,  
AND FEEL. FROM MOZART TO  
THE BEETLES MUSIC BRINGS  
OUT EMOTION IN ALMOST  
EVERYONE.

“Music has specifically helped my  
mental health by helping me feel  
supported and not alone.”

THIS IS SOMETHING  
RECOGNIZED BY DOCTORS AS  
WELL.

MUSIC-2  
COTHERN/SNODGRASS  
04/20/2022

S: DUSTIN COTHERN/  
@DcothernWVUNews

CG: COURTESY YOUTUBE

S: HANNAH BUSH/WVU  
ASSISTANT PROFESSOR OF  
MUSIC THERAPY

S: SOPHIA MONDT/  
MUSIC THERAPY MAJOR

“Developed in the 1940s by the U.S. war department, music therapy is a board-certified therapy method used to treat a variety of issues, including anxiety, depression, PTSD, eating disorders, and more.”

IT ISN'T JUST SITTING AROUND AND PLAYING EITHER. IT IS AN ACTUAL MEDICAL TREATMENT, WHICH AIMS TO GENERATE A CHANGE IN THE PATIENT.

“We engage with music, even if we don't consider ourselves musicians, music engages US. It's engaging to our brains. So, it helps us with some of our emotional goals. Music provides us a way to speak when we don't have the right words.”

MUSIC THERAPY INCLUDES A VARIETY OF GOALS TAILORED TO INDIVIDUALS, INCLUDING IMPROVING COMMUNICATIONS, SOCIAL, SENSORY, AND EMOTIONAL SKILLS. NOW A NEW GENERATION OF WVU STUDENTS IS LEARNING HOW TO USE MUSIC THERAPY TO MAKE THE LIVES OF OTHERS BETTER.

“When I think of music therapy it just excites me. I think that it is my calling. I'm very passionate about it. I love music and I love helping people, and that's just a combination of what

MUSIC-3  
COTHERN/SNODGRASS  
04/20/2022

EFFECTS: RETURN CAMERA 2  
BACK-MONITOR-DANIEL

it is you know?"

MONDT SAYS MUSIC THERAPY  
CAN BE USED IN A VARIETY OF  
SETTINGS...FROM HOSPITALS  
TO HELP STROKE PATIENTS  
WALK AGAIN TO IN SPEECH  
THERAPY IN SCHOOLS.

DUSTIN COTHERN, WVU NEWS,  
MORGANTOWN.

(-----DANIEL-----)

MORE THAN 20-PERCENT OF  
MUSIC THERAPISTS WORK IN  
MENTAL HEALTH SETTINGS.  
MUSIC THERAPY CAN ALSO  
HELP WITH HEART  
CONDITIONS, AUTISM,  
SUBSTANCE ABUSE AND  
ALZHEIMERS.

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PKG  
TRT: 2:20

DATA VIZ TOSS  
SNODGRASS  
04/20/2022

CAMERA 2  
(BACK-MONITOR-BOTH)  
RETURN CAMERA 2/TWO-SHOT

USE TWO BOXES/TWO-SHOT IN  
BOX/JESSICA IN BOX

**PIC 4**

(TAKE TWO BOXES HERE WITH  
JESSICA)

READER  
TRT: 0:30

(-----ALI-----)  
MUSIC ISN'T THE ONLY FORM  
OF ART THAT CAN HELP  
RELIEVE MENTAL HEALTH  
CONDITIONS. PHOTOGRAPHY,  
PAINTING, AND POTTERY ARE  
OTHER CREATIVE WAYS THAT  
CAN BE USED AS A WAY TO  
RELIEVE STRESS AND BOOST  
YOUR MOOD.  
(-----DANIEL-----)  
THAT'S RIGHT ALI. RESEARCH  
SHOWS THAT JUST FORTY-FIVE  
MINUTES OF CREATIVE  
ACTIVITY A DAY...CAN  
SIGNIFICANTLY REDUCE  
STRESS. JESSICA RILEY JOINS  
US NOW FROM STUDIO B AT  
THE REED COLLEGE MEDIA  
INNOVATION CENTER... WITH  
HER SEGMENT...  
STORYTELLING WITH DATA TO  
TELL US MORE... JESSICA?  
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DATA VIZ  
RILEY/SNODGRASS  
04/20/2022

EFFECTS: TAKE PKG (STUDIO B-  
LOOK LIVE)  
LENGTH: 2:24

CG: JESSICA RILEY/STUDIO B

CG: U: MORGANTOWN

S: CICELY SHARAFATI/  
ARTIST

(-----TAKE PKG-----)  
(---LOOK-LIVE WITH JESSICA---)  
ALI...DANIEL...

THE PANDEMIC LEFT PEOPLE WITH ISOLATION RESULTING IN AN INCREASE OF MENTAL HEALTH DISORDERS. WITH THE DECLINE, EVENTS ARE OPENING BACK UP IN FULL FORCE. OVER THE WEEKEND I ATTENDED, I ATTENDED MORGANTOWN SMART WALK TO LEARN MORE ABOUT HOW THE ARTS ARE HELPING PEOPLE'S MENTAL STATE.

**(-STUDIO B LEAD ROLLS INTO PKG-)**

CICELY SHARAFATI IS AN ARTIST AND SHE SAYS THROUGH THE PANDEMIC SHE WAS ABLE TO CREATE ART TO HELP HER FIND SERENITY IN A HARD TIME.

"I love just letting the creative juices just flow out, so when I create something most of the time I don't even do a sketch I just put it out on the canvas and let my imagination take me."

NEARLY 1 IN 5 ADULTS IN THE US LIVE WITH SOME SORT OF MENTAL ILLNESS. AND THROUGH THE PANDEMIC THOSE ILLNESSES CONTINUED TO WORSEN THROUGH ISOLATION.

DATA VIZ-2  
RILEY/SNODGRASS  
04/20/2022

S: BARBARA WATKINS/  
HOST OF MORGANTOWN  
SMART WALK

S: JESSICA RILEY/  
@JRileyWVUNews

BARBARA WATKINS, MAIN STREET MORGANTOWN DIRECTOR, HOSTS AN ART WALK FOR THE COMMUNITY EVERY YEAR AND SHE SAYS EVENTS LIKE THESE GIVE PEOPLE A CHANCE TO GET OUT AND CONNECT.

“I think it helps them get back out of the house. There again with the social distancing you know people are inside and there not socializing. I think that really has an effect on your mental health.”

THE PANDEMIC LEFT PEOPLE WITH SOLITUDE LOOKING FOR OTHER WAYS TO STAY CALM. ART HAS BECOME THERAPEUTIC FOR MANY, ALLOWING THEM TO TAP INTO THEIR SUBCONSCIOUS AND FEEL LESS STRESSED.

“Findings show that just 30 minutes of active arts daily can help lower anxiety and depression and increase life satisfaction.”

ART THERAPY CAN IMPROVE MANY DISORDERS IN THE US, SUCH AS ADDICTION, ATTENTION DISORDERS, GRIEF, PTSD, DEMENTIA, AND MORE. CICELY SAYS THAT PARTICIPATING IN ART CAN HELP YOU LET LOOSE AND EXPRESS EMOTIONS AND IT DOESN'T MATTER HOW YOU DO IT.

DATA VIZ-3  
RILEY/SNODGRASS  
4/20/2022

S: HOLD

CG: S: JESSICA RILEY/STUDIO B

CG: U:  
[www.downtownmorgantown.com](http://www.downtownmorgantown.com)

PKG  
TRT: 2:25

“Art can be abstract. It could be realistic, anything you want. So I think definitely with people who have mental health issues just letting whatever’s in your mind come out on paper. Whether it’s happiness or sadness, whatever emotion you’re feeling definitely let’s everything flow through.”

ALMOST 20% OF ADULTS ARE EXPERIENCING A MENTAL DISORDER IN 2022 AND 5% OF THOSE EXPERIENCE SEVERE CASES. ARTISTIC ACTIVITIES SUCH AS SCULPTING, PAINTING, DRAWING AND MORE HAVE THE POWER TO LOWER STRESS LEVELS AND BOOST CALMNESS.

IF YOU MISSED APRIL’S ART WALK YOU’LL HAVE THE CHANCE TO ATTEND AGAIN MAY 14TH FROM ELEVEN AM THROUGH FOUR PM DOWNTOWN MORGANTOWN. YOU CAN FIND MORE INFORMATION AND OTHER EVENTS AT THE WEBSITE AT THE BOTTOM OF YOUR SCREEN.

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ART TOSS  
SNODGRASS  
04/20/2022

CAMERA 2/TWO-SHOT

PIC 5

(-----ALI-----)  
THANKS JESSICA. THERE IS AN  
ESTIMATED ONE THOUSAND  
PEOPLE WHO ARE HOUSELESS  
ON ANY GIVEN DAY HERE IN  
WEST VIRGINIA. WITH A MYTH  
THAT MANY HOUSELESS  
INDIVIDUALS DEAL WITH  
MENTAL ILLNESS. WHEN IN  
REALITY DANIEL...ONLY  
FIFTEEN PERCENT OF ADULTS  
WHO ARE HOUSELESS DEAL  
WITH SEVERE MENTAL  
ILLNESS.

(-----DANIEL-----)  
AND AN ART EXHIBIT RIGHT  
HERE IN MORGANTOWN IS  
HOPING TO CHANGE THE  
NARRATIVE ABOUT PEOPLE  
EXPERIENCING  
HOUSELESSNESS. REPORTER  
ALEXANDRA BUNN IS HERE TO  
TELL US MORE... ALEXANDRA?  
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READER  
TRT: 0:25

ART  
BUNN/SNODGRASS  
04/20/2022

CAMERA 1/1  
(SIDE-MONITOR-ALEX)

**PIC 6**

ALEXANDRA BUNN/  
@ABunnWVUNews

EFFECTS: TAKE VO

CG: U: MORGANTOWN

(-----ALEX-----)  
THANKS, DANIEL...THERE ARE  
MANY SOCIAL FACTORS THAT  
CONTRIBUTE TO SOMEONE  
BEING HOMELESS OR...  
WITHOUT A HOUSE... SUCH AS  
THE LACK OF AVAILABLE LOW-  
COST HOUSING AND POOR  
ECONOMIC CONDITIONS...  
THAT MAKES THINGS HARDER  
FOR STRUGGLING INDIVIDUALS  
INCLUDING SOME RIGHT HERE  
IN MORGANTOWN.  
(-----TAKE VO-----)  
A PARTNERSHIP BETWEEN  
SEVERAL COMMUNITY  
LEADERS CALLED... “HUMANS  
OF MORGANTOWN”  
...RECENTLY DEBUTED THEIR  
ART EXPERIENCE ENTITLED  
“NEIGHBORS BEYOND  
NEIGHBORHOODS.” THE ART IN  
THE EXHIBIT WAS MADE BY  
AND FEATURED THE  
UNSHELTERED IN OUR AREA.  
HOUSELESSNESS IN WEST  
VIRGINIA REACHES THOSE OF  
ALL BACKGROUNDS  
INCLUDING FAMILIES...  
VETERANS... AND YOUNG  
ADULTS. THE GOAL OF THE  
EXHIBIT WAS TO TACKLE  
NEGATIVE STIGMAS  
SURROUNDING THE HOUSELESS  
COMMUNITY.

ART VO-2  
BUNN/SNODGRASS  
04/20/2022

EFFECTS: RETURN TO ALEX ON  
CAMERA 1

SOME COMMON STIGMAS  
AROUND THE UNSHELTERED  
ARE THAT THEY ARE DRUG  
ADDICTS...DEVIANT... AND  
HAVE SOME FORM OF MENTAL  
ILLNESS. THIS PROJECT IS  
AIMING TO STOP THE STIGMA  
AROUND THE HOUSELESS.

(-----ALEX-----)  
NEIGHBORS BEYOND OUR  
NEIGHBORHOODS ARE HELPING  
TO PUT A FACE TO THE HALF-A-  
MILLION AMERICANS WHO ARE  
HOUSELESS THROUGH  
PORTRAITS... PAINTINGS... AND  
SCULPTURES.

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VO  
TRT: 1:00

B-TEASE  
SNODGRASS  
04/20/2022

CAMERA 2/TWO-SHOT

**PIC 7**

EFFECTS: FADE IN BUMPER  
MUSIC

EFFECTS: TAKE TZ  
LENGTH: 0:11  
COMING UP: HOW COVID-19  
ENDED WVU SPORTS

EFFECTS: TAKE TZ  
LENGTH: 0:11  
COMING UP: THE MENTAL  
HEALTH OF STUDENT-  
ATHLETES VS. RETIRED  
STUDENT-ATHLETES

(BTZ ROLLS INTO COMM THEN  
WVU PSA THEN SPORTS BPR)

READER/BTZ/COMM BREAK/  
SPORTS BUMPER

**TRT: 2:35**

(-----ALI-----)  
I'M GLAD THE EXHIBIT WAS  
ABLE TO SHINE A POSITIVE  
LIGHT ON THE HOUSELESS  
HERE IN OUR COMMUNITY.

(-----DANIEL-----)  
ME TOO ALI... AND COMING UP  
NEXT...SPORTS REPORTERS  
ANDREW NOGOWSKI AND  
SOPHIA PISANO GIVE US A  
LOOK INTO HOW COVID  
BROUGHT AN END TO SOME  
SPORTS SEASONS...AND HOW  
STUDENT-ATHLETES ARE  
DEALING WITH THEIR MENTAL  
HEALTH.

(-----TAKE TZ-----)  
“COVID-19 put seasons on hold for  
many student-athletes. I’m Andrew  
Nogowski and coming up next, I’ll tell  
you how the pandemic affected the  
mental stamina of student-athletes  
right here at the university.”

(-----TAKE TZ-----)  
“Depression rates are significantly  
higher in current student-athletes  
versus retired ones. I’m Sophia Pisano  
and straight ahead on W-V-U News  
I’ll tell you what has our student-  
athletes stressed out.”//////////

(BTZ ROLLS INTO COMM THEN  
WVU PSA THEN SPORTS  
BUMPER)

SPORTS TOSS  
SNODGRASS  
04/20/2022

CAMERA 3  
THREE-SHOT

PIC 8

(-----DANIEL-----)  
NOW THAT SPORTS ARE BACK  
IN FULL SWING AFTER BEING  
CANCELLED AND RESTRICTED  
BECAUSE OF COVID-19...  
STUDENT-ATHLETES ARE  
DEALING WITH THE TOLL  
BEING ON HOLD TOOK  
MENTALLY.

(-----ALI-----)  
SOPHIA PISANO IS HERE WITH  
SPORTS TO TELL US  
MORE...SOPHIA?

(-----SOPHIA-----)  
THANKS, ALI... DANIEL...  
SPRING 20-20 WAS A TIME OF  
UNCERTAINTY FOR ALL OF US  
AND STUDENT-ATHLETES  
WERE NO DIFFERENT...AS  
SEASONS, PRACTICES, AND  
CHAMPIONSHIPS WERE  
CANCELED DUE TO THE  
PANDEMIC.

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READER  
TRT: 0:30

SPORTS  
PISANO/SNODGRASS  
04/20/2022

EFFECTS: TAKE CAMERA 1 ON  
SOPHIA

CG: U: SOPHIA PISANO/  
@SPisanoWVUNews

EFFECTS: TAKE PKG  
LENGTH: 2:07

CG: U: MORGANTOWN/  
MONONGALIA COUNTRY  
BALLPARK

S: VINCE IPPOLITI/WVU  
REDSHIRT SENIOR  
CATCHER/OUTFIELDER

(-----SOPHIA-----)  
OUR OWN SPORTS REPORTER  
ANDREW NOGOWSKI TAKES US  
TO THE BASEBALL DIAMOND  
TO SHOW US HOW THE  
PANDEMIC AFFECTED THE  
MENTAL HEALTH OF SOME  
STUDENT-ATHLETES....BOTH ON  
AND OFF THE FIELD.

(-----TAKE PKG-----)  
THE PING OF A BAT AND A  
BASEBALL... THE BALL HITTING  
THE CATCHER'S MITT. THESE  
SOUNDS WERE NATURAL FOR  
THE WVU BASEBALL TEAM TO  
HEAR WHILE ON THE DIAMOND.  
BUT IN MARCH 2020, THOSE  
SOUNDS WERE NOWHERE TO  
BE HEARD WHEN COVID-19 PUT  
AN ABRUPT END TO THE  
TEAM'S SEASON.

"It's just something none of us of ever  
dealt with before, we didn't know  
what was going to happen, if we were  
gonna play, maybe later on in the  
week, the next weekend, in two  
weeks, in three weeks, you mean you  
just never know, no one really knew  
what was going to happen."

THE CANCELLATIONS CREATED  
UNCERTAINTY FOR STUDENT  
ATHLETES AT WVU...AND  
ACROSS THE COUNTRY.

SPORTS-2  
PISANO/SNODGRASS  
04/20/2022

S: ANDREW NOGOWSKI/  
@ANogoWVUNews

S: DR. SAM ZIZZI/WVU  
MENTAL PERFORMANCE  
CONSULTANT

S: HOLD

“According to an N-C-double A survey in May of 2020, student athletes experiencing mental health concerns 150 to 250 percent more often during the pandemic than ever before.”

DR. SAM ZIZZI IS A PROFESSOR AT W-V-U AND A CERTIFIED MENTAL PERFORMANCE CONSULTANT. HE SAYS THE BIGGEST CAUSE OF THE MENTAL HEALTH ISSUES FOR STUDENT-ATHLETES IN SPRING 2020 WAS THE UNUSUAL CIRCUMSTANCES OF THE PANDEMIC.

“It’s a very unfamiliar situation for athletes to be away from their team, number one, and to not be able to train and do the thing that they really like to do. So, there’s just many pieces of that, that would make them very uncomfortable.”

ZIZZI SAYS ON TOP OF THE DISAPPOINTMENT OF CANCELED SEASONS, STUDENT ATHLETES EXPERIENCED THE SAME STRESSES AND LACK OF CONNECTION AS THE REST OF US.

“Their social support would be much lower, so I suspect that they would be upset, they might some sort of negative feelings, they might be anxious about plans that might have

SPORTS-3  
PISANO/SNODGRASS  
04/20/2022

S: HOLD

EFFECTS: ANCHOR RETURN ON  
CAM 1 WITH SOPHIA

been changed and also the uncertainty, especially at that time at the beginning of the pandemic, we knew so little about what was happening cause it seemed endless.”

BUT THIS YEAR, WVU BASEBALL IS BACK ON THE FIELD, AND OFF TO A STRONG START SO FAR THIS SEASON.

“As a team I like where we are at. I think we are making big jumps and we are looking good.”

THE FUTURE IS CERTAINLY BRIGHT FOR THE BASEBALL TEAM AS THEY CURRENTLY SIT WITH AN OVERALL RECORD OF 20-10 AND SIT IN FIRST PLACE ATOP THE BIG 12 WITH A RECORD OF 5-1. ANDREW NOGOWSKI, WVU SPORTS, MORGANTOWN.

(-----SOPHIA RETURN-----)

ACCORDING TO AN N-C DOUBLE-A SURVEY ...ABOUT TWENTY PERCENT OF STUDENT-ATHLETES SAID THAT THEIR FEELINGS OF STRESS AND ANXIETY WERE A BARRIER TO THEIR ABILITY TO TRAIN IN MAY 20-20.

BUT COVID ISN'T THE ONLY STRESSOR FOR STUDENT-ATHLETES. BETWEEN BEING



SPORTS-4  
PISANO/SNODGRASS  
04/20/2022

EFFECTS: TAKE PKG  
LENGTH: 1:58

CG: U: MORGANTOWN/  
DICK DLESK SOCCER STADIUM

S: ADAM BURCHELL/  
WVU SOCCER PLAYER

S: SOPHIA PISANO/  
@SPisanoWVUNews

FULL-TIME STUDENTS AND ATHLETES THERE IS A LOT OF PRESSURE PUT ON THEM. I LOOKED INTO WHY COLLEGE ATHLETES ARE TWICE AS LIKELY TO BE DEPRESSED AS RETIRED COLLEGE ATHLETES. (-----TAKE PKG-----) MORE THAN 16.1 MILLION ADULTS IN THE UNITED STATES SUFFER FROM DEPRESSION, AND STUDENT-ATHLETES ARE NOT AN EXCEPTION. COMMON SYMPTOMS INCLUDE FATIGUE, ANXIETY, IRRITABILITY, AND SELF-BLAME... MANY ISSUES STUDENT-ATHLETES DEAL WITH DAILY. SOCCER PLAYER ADAM BURCHELL SAYS THE LONG HOURS CAN BE DRAINING.

“Naturally you have blips here or there where you might feel a bit down you might feel just a bit not great, but I think you kind of just got to get through it. Push through.

A RECENT STUDY COMPARED CURRENT STUDENT-ATHLETES MENTAL HEALTH TO RETIRED STUDENT-ATHLETES.

“Nearly seventeen percent of current college athletes had results consistent with depression symptoms. That’s almost double the eight percent of retired athletes who felt this way.”

SPORTS-5  
PISANO/SNODGRASS  
04/20/2022

S: DR. ADRIAN FERRERA/WVU  
SPORTS PSYCHOLOGY  
PROFESSOR

I SPOKE WITH DR. ADRIAN FERRERA, A SPORTS PSYCHOLOGY PROFESSOR AT W-V-U ABOUT THESE STATISTICS AND HE HAS A DIFFERENT OUTLOOK ON THE RESULTS.

“I know one of the things that I see within my work with student-athletes is that sometimes it may appear like depression in some of our student-athletes, or even some other athletes with other institutions where they may have similar symptoms of always being tired, fatigued, don’t have an appetite. Some of these can be very similar to burnout.”

TO COMBAT THESE SYMPTOMS, DR. FERRERA SAID IT IS IMPORTANT FOR STUDENT-ATHLETES TO TAKE ADVANTAGE OF THE RESOURCES AROUND YOU AND UTILIZE THE FRIENDSHIPS AND COMMUNITIES WITHIN YOUR TEAM. RETIRED BASEBALL PLAYER KEVIN BROPHY SAYS THAT’S WHAT HE MISSES THE MOST.

“A lot of, like, from my perspective I’ve relied on sports to keep me happy. That was like my mental health provider, that’s what made me feel good, and then leaving that and moving away from that you have to figure out different ways to keep

S: KEVIN BROPHY/  
FORMER WVU BASEBALL  
PLAYER

SPORTS-6  
PISANO/SNODGRASS  
04/20/2022

EFFECTS: ANCHOR RETURN ON  
CAM 1 WITH SOPHIA

CG: U:  
<https://psychology.wvusports.com>

PKG  
TRT: 5:00

yourself happy. And I mean yeah, you figure that out as you go on, but it's definitely tough."

DR. FERRERA SAID THAT THESE EMOTIONS CAN BE TOUGH, BUT ITS IMPORTANT TO REMEMBER THAT THEY WILL PASS.

(-----SOPHIA RETURN-----)  
IF YOU ARE A W-V-U STUDENT-ATHLETE STRUGGLING WITH SCHOOL OR SPORTS YOU CAN CHECK OUT THE LINK AT THE BOTTOM OF YOUR SCREEN FOR HELP.//

C-TEASE  
SNODGRASS  
04/20/2022

CAMERA 2/TWO-SHOT

**PIC 9**

EFFECTS: FADE IN BUMPER  
MUSIC

EFFECTS TAKE TZ  
LENGTH: 0:10  
COMING UP: NEED TO  
DE-STRESS? GET A PET

(CTZ ROLLS INTO COMM  
BREAK-WVU PSA)

READER/SOT TZ/WVU PSA  
**TRT: 1:30**

(-----DANIEL-----)  
NOW THAT COVID NUMBERS  
ARE DECLINING ALI,  
HOPEFULLY, IT WILL MAKE IT  
LESS STRESSFUL FOR COLLEGE  
ATHLETES.

(-----ALI-----)  
I HOPE SO DANIEL... COMING  
UP I MIGHT HAVE JUST THE  
THING TO HELP ALL COLLEGE  
STUDENTS WITH ANXIETY AND  
STRESS... EMOTIONAL SUPPORT  
ANIMALS.

(-----TAKE TZ-----)  
“I’m Ali McDaniel and straight ahead  
on W-V-U News I’ll tell you how  
emotional support animals like  
Khonan here are helping students  
right here at W-V-U.”

////////////////////////////////////

(CTZ/ROLLS INTO COMM  
BREAK- WVU PSA)

KICKER  
MCDANIEL/SNODGRASS  
04/20/2022

CAMERA 2/TWO-SHOT

**PIC 10**

EFFECTS: TAKE PKG  
LENGTH: 2:09

CG: U: MORGANTOWN

(-----DANIEL-----)  
DID YOU KNOW...THAT  
GOVERNOR JIM JUSTICE IS  
STARTING A STATEWIDE  
SCHOOL THERAPY DOG  
PROGRAM...RIGHT HERE IN  
WEST VIRGINIA?

(-----ALI-----)  
I DID KNOW THAT DANIEL. AND  
WHILE THE STATE IS WORKING  
TO GET THERAPY DOGS INTO  
SCHOOLS... STUDENTS HERE AT  
W-V-U ALREADY HAVE  
EMOTIONAL SUPPORT ANIMALS  
TO HELP THEM THROUGH  
THESE STRESSFUL TIMES.

(-----TAKE PKG-----)  
EMOTIONAL SUPPORT ANIMALS  
ARE ON RISE, AS MORE AND  
MORE STUDENTS LOOK TO  
FOUR-LEGGED FRIENDS IN  
HOPES TO AID IN THEIR  
TRANSITIONS TO COLLEGE  
LIFE. ACCORDING TO THE  
MAYO CLINIC, UP TO 44  
PERCENT OF COLLEGE  
STUDENTS SAY THEY  
EXPERIENCED SOME FORM OF  
ANXIETY OR DEPRESSION.  
FRESHMAN BLANEE FABEAN IS  
ONE OF THOSE STUDENTS,  
SAYING SHE ADOPTED HER  
CAT, SALEM, TO EASE HER  
FEELINGS OF LONELINESS.

KICKER-2  
MCDANIEL/SNODGRASS  
04/20/2022

S: BLANEE FABEAN/  
EMOTIONAL SUPPORT ANIMAL  
OWNER

“So, I grew up around animals, and I feel like it was always very comforting to me to never be alone. So especially moving here to my apartment, it was really important with my roommates if they were gone for the night or something like that, I wasn’t really used to being home alone. So, getting her was like my little companion.”

IN ORDER TO HAVE ONE OF THESE EMOTIONAL SUPPORT ANIMALS APPROVED TO LIVE IN ON CAMPUS HOUSING, STUDENTS MUST COMPLETE A VERIFICATION PROCESS THROUGH THE OFFICE OF ACCESSIBILITY SERVICES, AND ITS SPECIALISTS ARE SEEING THE EFFECTS OF THESE ANIMALS FIRST-HAND.

S: MARY CONNOR/  
WVU ACCESSIBILITY  
SPECIALIST

“They just light up when they are able to do it. And they thrive, and it’s great to see them strive and be able to show the student that they are able to be, even if it is just having an emotional support animal to come home to when they’re feeling stressed and overwhelmed.”

S: ALI MCDANIEL/  
@AliWVUNews

“And research shows that Americans are turning to pets for companionship now more than ever. The ASPCA estimates more than 23 million Americans purchased a pet during the

KICKER-3  
MCDANIEL/SNODGRASS  
04/20/2022

S: GWYN SHUMAN/  
EMOTIONAL SUPPORT ANIMAL  
OWNER

EFFECTS: ANCHOR RETURN  
CAM 2/TWO-SHOT WITH ALI

CG: U:  
<https://accessibilityservices.wvu.edu/housing/esa>

PKG  
TRT: 2:30

pandemic, which accounts to more than 1 in 5 households nationwide.”

JUNIOR GWYN SHUMAN ALSO TURNED TO HER EMOTIONAL SUPPORT DOG, KHONAN, FOR COMFORT DURING THAT DIFFICULT TIME.

“I was 17 when I moved out of my house, and I was all alone and Khonan filled that void for me. And then, about 10 months later or so the pandemic hit, and he was the one that was always with me whenever no one else could be since we were in quarantine. We just spent every day watching Netflix together just the two of us.”

TRACKING HAPPINESS SAYS THAT PET OWNERS ARE 12 PERCENT HAPPIER THAN NON-PET OWNERS, PROVING THAT MAN’S EST FRIEND MIGHT BE THE KEY TO BOOSTING OUR MOODS.

(-----ALI-----)

TO LEARN MORE ABOUT EMOTIONAL SUPPORT ANIMALS... VISIT THE ACCESSIBILITY OFFICE’S WEBSITE AT THE BOTTOM OF YOUR SCREEN.//////////

CLOSE  
SNODGRASS  
04/20/2022

CAMERA 2/TWO-SHOT

EFFECTS: FADE IN BUMPER  
MUSIC

CG: S: DANIEL WOODS/  
ALI MCDANIEL  
@DWoodsWVUNews  
@AliWVUNews

EFFECTS: TAKE LOWER THIRD  
MediacollegeneWSCast.wvu.edu

EFFECTS: TAKE LOWER THIRD  
Youtube.com/WVUJournalism

EFFECTS: TAKE LOWER THIRD  
@WVUNews

READER  
TRT: 0:30

(-----DANIEL-----)  
I HAVE TO SAY...THOSE  
ANIMALS WERE PRETTY  
ADORABLE.

(-----ALI-----)  
NOT ONLY ARE THEY  
ADORABLE DANIEL...BUT THEY  
REALLY DO HELP BRING  
PEOPLE COMFORT. WELL...  
THAT'S IT FOR OUR SPECIAL  
EDITION SHOW. I'M ALI  
MCDANIEL.

(-----DANIEL-----)  
AND I'M DANIEL WOODS... YOU  
CAN VISIT US ONLINE ON OUR  
WEBSITE... OR YOU CAN ALSO,  
WATCH OUR SHOWS ON  
YOUTUBE, AND PLEASE  
FOLLOW US AND OUR  
REPORTERS ON TWITTER. THIS  
IS OUR FINAL SHOW OF THE  
SEMESTER...SO THANK YOU  
FOR WATCHING W-V-U NEWS.

////////////////////////////////////



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SNODGRASS  
04/20/2022

EFFECTS: ROLL CREDITS

EFFECTS: TAKE CAMERA 4  
WIDE SHOT

EFFECTS: TAKE COPYRIGHT

EFFECTS: ROLL TO BLACK

EFFECTS: ROLL CREDITS

EFFECTS: TAKE CAMERA 4  
WIDE SHOT

EFFECTS: TAKE COPYRIGHT

EFFECTS: ROLL TO BLACK

CREDITS/COPYRIGHT  
TRT: 1:30